

# New Kent Middle School Football 2023-24

## Physical Night at NKHS - June 12th

Sports Physical Night at New Kent High School on June 12 from 3:00 pm - 7:00 pm. There is a fee of \$20. Please email Ms. Weaver at Iweaver@newkentschools.org with any questions.

### Football Camp Hosted by NKHS - June 26th thru 28th

The high school football team and coaches are hosting a football camp for rec and middle school aged athletes. It will be held on the athletic fields behind the high school from 5:30pm to 8:00pm on beginning Monday June 26th. There is a \$40 fee. Sign up here. Click "Register Online" and find "Football Camp" in the Activities section of New Kent Parks and Rec.

### Pre-season/ Summer Workouts - Tuesdays starting July 11th

Players are invited to join middle school coaches and players for conditioning and skill-building camps each Tuesday after July 11th over summer. Depending on coach availability, we may add a few workouts in June. This will be confirmed and communicated if so. These are not a requirement but will help build the endurance, strength, and confidence needed to begin the season one step ahead. All participants <a href="MUST HAVE A SPORTS PHYSICAL ON FILE">MUST HAVE A SPORTS PHYSICAL ON FILE</a> with the school. Summer conditioning will be from 6:00pm to 8:00pm in the baseball outfield just outside of the middle school gym hallway. Any changes or cancellations will be communicated via Schoology and email.

#### **Try-Outs - August 7th**

Football season begins Monday August 7th. Practices will be from 6:00pm to 8:00pm (until teachers return to school and school starts) outside the gym hallway in the baseball outfield. Feel free to arrive early on the first day (no earlier than 5:30pm please) for equipment distribution. **Expect there to be cuts this season**. Again, all participants MUST HAVE A SPORTS PHYSICAL ON FILE with the school for this academic year.

#### Team Manager Position

We are seeking physically capable and emotionally mature students to assist us. The position entails daily afterschool obligations to the team. He or she will essentially be an equipment

manager (pads, cones, water) during practices, and will fill one of many roles on game days (filming, stat taking, ball boy, water boy, equipment manager, ect.). They must also have a sports physical on file. If you know of any *New Kent Middle School student* who would like to help the team in a support role, please reach out to Coach McPherson at jmcpherson@newkentschools.org or Coach Hodge at shodge@newkentschools.org

#### **New Kent Athletic Booster Club**

We are excited to share with you the New Kent Athletic Booster Club recently created by New Kent parents who have children involved in different or multiple sports and know just how expensive it is to run an athletic program. This club is a 501(c)3 non-profit organization and the sole purpose of the club is to raise money for the athletic programs here at New Kent Middle School and New Kent High School. The Club is looking for sponsorships, donations and volunteers to help make this club successful. The Club will work directly with John Spiak, Athletic Director for NKHS on the needs of all athletics. Our Board meets the first Monday of each month at 6p and parents, legal guardians and coaches of students participating in New Kent County Public School District athletic programs are welcome to attend. This is a great volunteer opportunity for anyone in the community who would like to be involved. This is also a great opportunity for students who are looking to earn Community Service hours. If you or someone you know would like to volunteer, donate or sponsor the club, please do not hesitate to reach out to Marci A. Siebert, President of New Kent Athletic Booster Club by email at newkentathleticbooster@gmail.com.